



## Synchronous Debriefing Session for vrClinicals

Below you will find a list of suggested debriefing questions. It's not the intention that all questions should be asked. The questions are presented only to suggest topics that may inspire the learning conversation.

The questions aim to analyze the actions and challenges, specifically around prioritization. In addition, there are some specific more in-depth questions for individual patient situations. This assumes the simulation occurs within a framework of known principles for nursing care for hospitalized patients, such as patient safety, hygiene, and communication.

## ANALYSIS

Vertical debriefing question: Patient-specific (Clinical Knowledge and Clinical Reasoning)

Horizontal debriefing questions: Across all patients (Management of Responsibilities)



**Deborah Enriquez**  
ORIF for a tib/fib fracture (day 1).  
Complication: Hypovolemia



**Molly Xi**  
postoperative (day 1)  
Vaginal hysterectomy  
Complication: Asthma Exacerbation



**Brandon Williams**  
Post Operative (Day 3)  
Hemicolectomy  
Complication: DVT



**George Romansky**  
Post Operative Peroneal Resection with colostomy (Day 2).  
Complication: Early wound infection

## VR SESSION I: Assessment round



### Opening questions

- What are the most common complications for post-operative patients?
- Explain the actions a nurse can implement to prevent post-operative complications.



### Patient-specific questions

What are the priority assessments for <b>Deborah Enriquez</b> following an ORIF for the tib/fib fracture?	What are the priority nursing actions for <b>Molly Xi</b> who is a preoperative patient on the med-surg unit?	What are the important assessments to discharge <b>Brandon Williams</b> today?	What are your priorities for <b>Mr. Romansky</b> today?
Tell me key steps in a neurovascular assessment.	Explain the purpose and steps of the preoperative checklist.	Tell me about your concerns with Mr. Williams who is three days post operative?	What is considered good pain control?



### Follow-up questions

- Tell us which patient you assessed first, second, third, and fourth.
- How did you prioritize your patients, and why?
- Would additional assessment data have been helpful?
- What are other possibilities/Alternatives?
- What could have been delegated?

## VR SESSION II AND III: Intervention round



### Patient-specific questions

What signs and symptoms led you to determine that <b>Deborah Enriquez</b> had hypovolemia?	Describe the pharmacologic actions of short-acting beta-2-adrenergic agonist medications.	What assessment data led you to determine that <b>Brandon Williams</b> had a DVT?	What is your major concern with <b>Mr. Romansky</b> ?
Describe the physiological process behind hypovolemia and fluid resuscitation.	What is the expected outcome for <b>Molly Xi</b> after the nebulizer treatment?	What is the major concern when a patient has a DVT? What is the strategy for treatment of a DVT?	What are the signs and symptoms of early sepsis? Later sepsis?



### Follow-up questions

- Tell us which patient you prioritized first, second, third, and fourth.
- How did you determine prioritization across all the patients, and why?
- What was the most challenging to prioritize and why?
- How did distractions impact your thinking/prioritization?
- What are other possibilities and alternatives to prioritization of these four patients?
- What could and could not be delegated?



### Summary question:

It is time to close the debriefing. I would like each of you to state 1 or 2 takeaways that will help you in the future. What would you do differently if confronted with this situation again?

### APPENDIX:

**Prebrief the process:** Facilitator describes the synchronous debriefing process to include:

1. Theory-Based Debriefing method: Debriefing with Good Judgment, Debriefing for Meaningful Learning, PEARLS, etc.
2. Length of time
3. Expectations
4. Setting: Virtual or face-to-face
5. Psychological safe environment

**Reactions:** How do you feel about the experience? How did the experience make you feel?

**Preview:** Can someone briefly summarize the patients, so we are all on the same page?