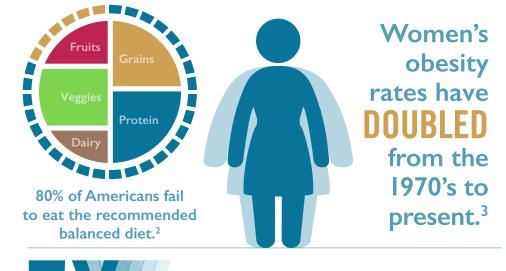
Simulating delivery? Facts your learners may want to know.

Would your learners be surprised to know?

women still smoke while pregnant.¹



The rate of opioid withdrawal among newborns in the U.S. has multiplied by 5 in the past decade.⁴

The number of IVF treatments has DOUBLED

in the past decade due to women having later pregnancies.⁵

> is the average age of a first-time mother in the U.S.⁶

Low frequency, high-acuity



women die each year in the U.S. due to pregnancy & delivery complications.⁷

Nearly 4,000,000 women give birth each year in the U.S.

an estimated 50,000 women are affected by life-threatening delivery complications.⁸

> of women do not receive prenatal care in the first trimester.⁹ That's women not receiving guidance for a healthy lifestyle and pregnancy.



Hemorrhage



Simulation training can help strengthen a healthcare provider's professional competency to care for a woman and her baby. To learn more, visit www.Laerdal.com



Prepare for the worst. Simulate obstetric emergencies.



of pregnancyrelated deaths in the U.S. are preventable.¹⁰

Practice for the most common complications:¹¹



Infection

of hospital

costs in

the U.S.¹²



Heart Disease



of traditional clinical experience can be substituted with simulation, according to a study by the National Council of State **Boards of Nursing** (NCSBN).¹³

Simulating delivery? Facts your learners may want to know.

References:

- Howard, J. (2018). I in 14 women still smokes while pregnant, CDC says. CNN. Retrieved from https://www.cnn.com/2018/02/28/health/pregnant-cigarettes-smoking-cdc-study/index.html
- Aubrey, A. & Godoy, M. (2016). 75 percent of Americans say they eat healthy despite evidence to the contrary. NPR. Retrieved from 2. https://www.npr.org/sections/thesalt/2016/08/03/487640479/75-percent-of-americans-say-they-eat-healthy-despite-evidence-to-the-contrary
- 3. Fryar, C.D., Carroll, M.D., & Ogden, C.L. (2016). Prevalence of overweight, obesity, and extreme obesity among adults aged 20 and over: United states, 1960-1962 through 2013-2014. Centers for Disease Control and Prevention. Retrieved from https://www.cdc.gov/nchs/data/hestat/obesity_adult_13_14/obesity_adult_13_14.htm
- Patrick SW, Dudley J, Martin PR, et al. Prescription opioid epidemic and infant outcomes. Pediatrics. 2015;135(5):842-850 4.
- 5. Doucleff, M. (2014). IVF baby boom: Births from fertility procedures hit new high. NPR. Retrieved from https://www.npr.org/sections/health-shots/2014/02/18/279035110/ivf-baby-boom-births-from-fertility-procedure-hit-new-high
- U.S. Department of Health & Human Services. (2016). Births: Final data for 2016. Retrieved from https://www.cdc.gov/nchs/data/nvsr/nvsr67/nvsr67_01.pdf 6.
- Centers for Disease Control & Prevention. (2018). Pregnancy-related deaths. Retrieved from https://www.cdc.gov/reproductivehealth/maternalinfanthealth/pregnancy-relatedmortality.htm 7.
- 8. Centers for Disease Control & Prevention. (2017). Severe maternal morbidity in the United States. Retrieved from https://www.cdc.gov/reproductivehealth/maternalinfanthealth/severematernalmorbidity.html
- 9. U.S. Department of Health & Human Services. (2016). Births: Provisional data for 2016. Retrieved from https://www.cdc.gov/nchs/data/vsrr/report002.pdf
- 10. McGowan, K. (2018). New report explores why preventable maternal deaths continue to occur in the United States. Maternal Health Task Force. Retrieved from https://www.mhtf.org/2018/03/16/ new-data-explore-why-preventable-maternal-deaths-continue-to-occur-in-the-united-states/
- 11. Rupe, H. (2017). The time after childbirth is more dangerous than you think. Web MD. Retrieved from https://blogs.webmd.com/womens-health/2017/11/ the-time-after-childbirth-is-more-dangerous-than-you-think-what-to-watch-for.html
- 12. Elixhauser, A. & Wier, L.M. (2011). Complicating Conditions of Pregnancy and Childbirth, 2008. HCUP Statistical Brief #113. Rockville, MD: Agency for Healthcare Research and Quality. Retrieved from http://www.hcup-us.ahrq.gov/reports/statbriefs/sb113.pdf
- 13. National Council of State Boards of Nursing. (2012). Simulation study. Retrieved from https://www.ncsbn.org/685.htm

