

Use training model
Use fellow student

A. Airway

Adult - Opening airway: Head-tilt/chin-lift & jaw thrust
Adult - Airway suctioning
Adult - Basic airway device insertion (OPA & NPA)
Child - Opening airway: Head-tilt/chin-lift & jaw thrust
Child - Airway suctioning
Child - Basic airway device insertion (OPA & NPA)
Management of choking (adult, large and small child)
Recovery position
Spinal immobilization (cervical spine)



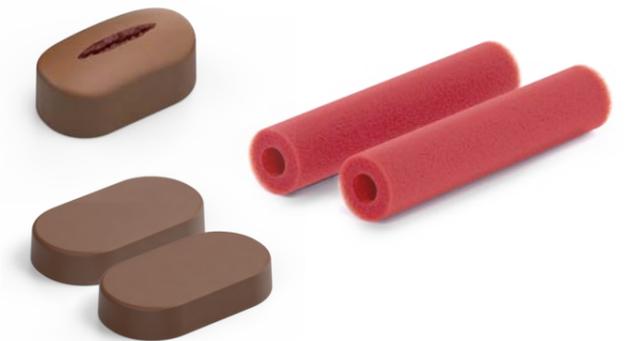
B. Breathing

Adult - Bag-valve-mask ventilation
Adult - Giving supplemental oxygen
Child - Bag-valve-mask ventilation
Child - Giving supplemental oxygen
Emergency needle decompression
Management of open pneumothorax (sucking chest wound)
How to make a spacer from a plastic bottle
ABCDE assessment



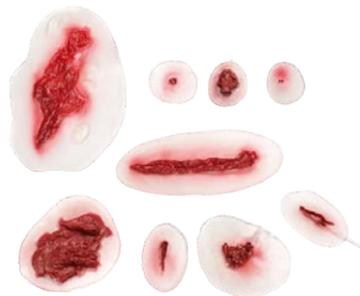
C. Circulation

Ext. bleeding control - Direct pressure
Ext. bleeding control - Deep wound packing
Ext. bleeding control - Tourniquet technique
Insertion of IV cannula - Adult
Insertion of IV cannula - Paediatric
IV fluid adjustment for special considerations
IV fluid administration for shock
Uterine massage for postpartum hemorrhage
Positioning of the pregnant patient



Wound care

General wound management
Burn management
Snake bite - Bandaging and immobilization



Immobilization & phys. examination

Fracture immobilization
Open fracture immobilization
Neurologic assessment (AvPv)
Neurologic assessment (Glasgow coma scale)
Secondary survey (Head-to-be) trauma assessment

